Small group, hands-on teaching.

Brief lectures / video presentations will be followed by hands-on cadaveric training by experts in their field.

Further details available from headandnecktrauma@gmail.com
www.headandnecktrauma.org
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Course aims
Course aim - to demonstrate and teach basic principles and techniques in facial aesthetic surgery
Course duration - 3 days (with option to discuss your own clinical cases).
Structure – The course will be run in small groups, to provide maximum contact with the teachers. The anatomy of surgical access, will be followed by operative pictures and discussion of procedures. The delegates will then practice the skills under supervision on a purchased cadaver (2 delegates per cadaver)
Relevance - the course will be suitable for any surgeon involved in facial aesthetic surgery. This will include trainee surgeons as well as those wishing to gain further experience in the field.
Cadavers – These will be purchased once course deposit has been received. Cadavers are preserved in ‘soft fix’ enabling a more life-like texture to the tissues.
Course fees - £12,000 GBP Sterling for group of 2 surgeons. This will cover purchase of the cadaver, use of venue and facilities and faculty fees. Delegates will need to pay for flights and accommodation (we can help arrange accommodation).

Surgical techniques - Access to the nasal skeleton and incisions for facial aesthetics procedures.

Rhinoplasty
1] open / closed rhinoplasty / access to expose the Lower lateral and upper lateral cartilages
2] conchal cartilage harvest
3] spreader grafts / auto spreader grafts
4] septal harvest and L strut
5] Caudal extension grafts
6] Tip grafting / Tip elevation , rotation , projection
7] Diced cartilage graft for dorsal augmentation
8] Temporalis fascia harvest / TFL Harvest / Radix graft

Facial aesthetics
1] Blepharoplasty / Bat ear surgery
2] Mid face
3] SMAS Lift / Full face lift / Lower face lift
4] MITEK anchors
5] Cleopatra neck lengthening
6] Facial animation surgery
7] Fat and dermal grafting
Each step is preceded by a brief overview of anatomy with operative pictures to demonstrate the techniques.